

Warm-up #4

(Comfortable at E near the top of the Staff)

To be chosen and used with instructions from the blog post "Warm-ups for Trumpet Players" at TrumpetHeroes.com

Warm up gently, freely without strain.

Rest after each exercise!



1 Musical notation for exercise 1: A single whole note on E4 in 4/4 time.

These first several exercises are inspired by the Warm-up near the end of Knud Hovaldt's *Trumpet Technique Lip Flexibility*. That booklet is full of helpful lip slurring exercises.

2 Musical notation for exercise 2: A slur over a half-note scale from E4 to E5.

3 Musical notation for exercise 3: Five groups of eighth-note slurs, each starting on a different pitch and moving up.

Use these alternate fingerings.

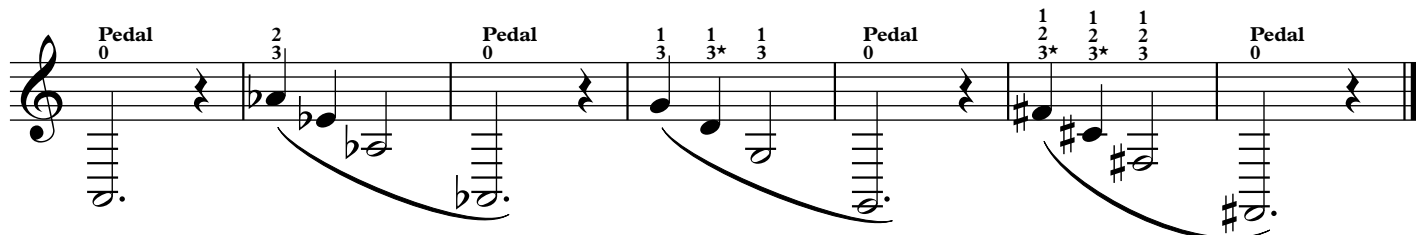
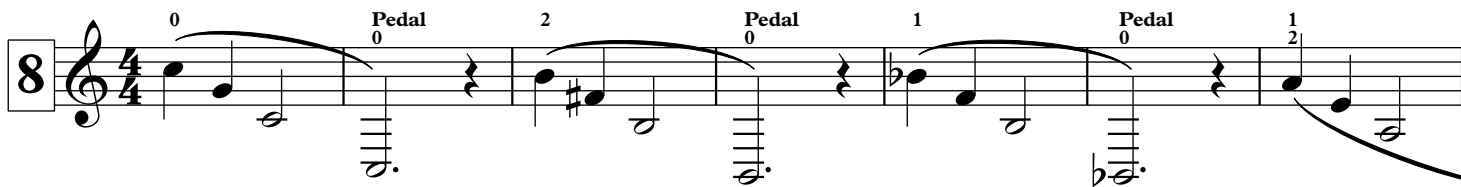
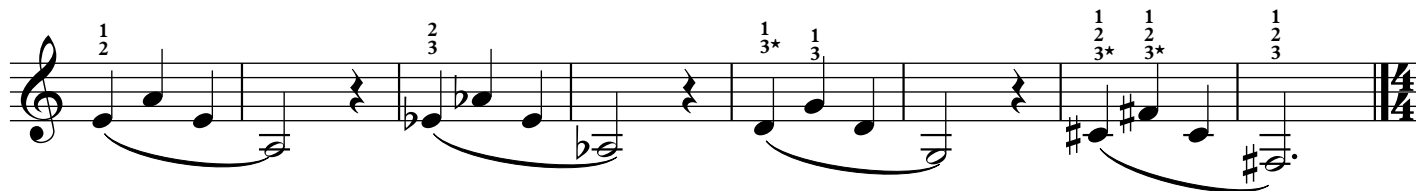
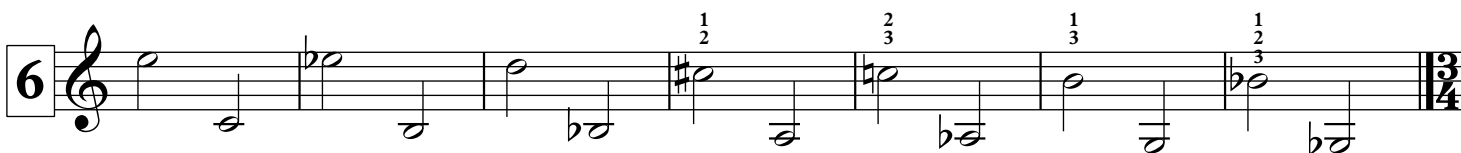
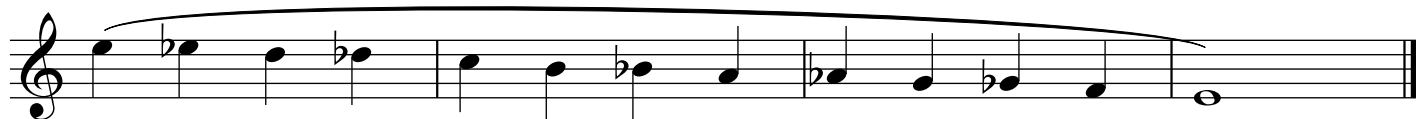
Musical notation for exercise 3 continuation with alternate fingerings: 2/3, 2/3.

Musical notation for exercise 3 continuation with alternate fingerings: 1/3, 1/3, 1/2 2/3*, 1/2 2/3*.

4 Musical notation for exercise 4: A slur over a half-note scale from E4 to E5 with fingerings 0, 2, 1.

Musical notation for exercise 4 continuation with alternate fingerings: 1/2, 2/3.

Musical notation for exercise 4 continuation with alternate fingerings: 1/3, 1/3*, 1/3, 1/2 2/3*, 1/2 2/3.



Exercises 9 and 10 are among the famous Vincent Cichowicz flow studies. 11-13 are variations. If you're looking for a lot of these in multiple keys and many more great exercises, seek out the originals.



