

# Baritone Warm-up #5

(Comfortable at F above the Staff)

To be chosen and used with instructions from the blog post "Warm-ups for Trumpet Players" at [TrumpetHeroes.com](http://TrumpetHeroes.com)

Warm up gently, freely without strain.



Rest after each exercise!

1

These first several exercises are inspired by the warm-up near the end of Knud Hovaldt's *Trumpet Technique Lip Flexibility*. That booklet is full of helpful lip slurring exercises.

2

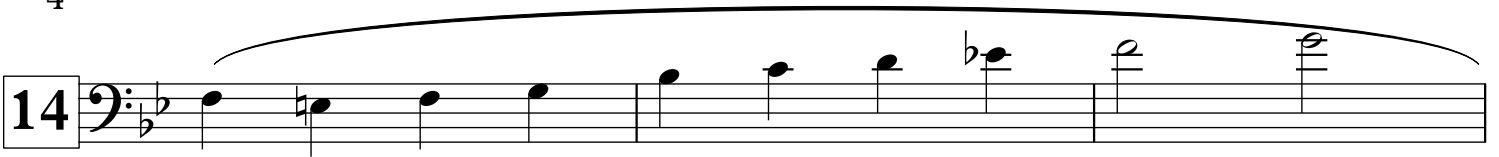
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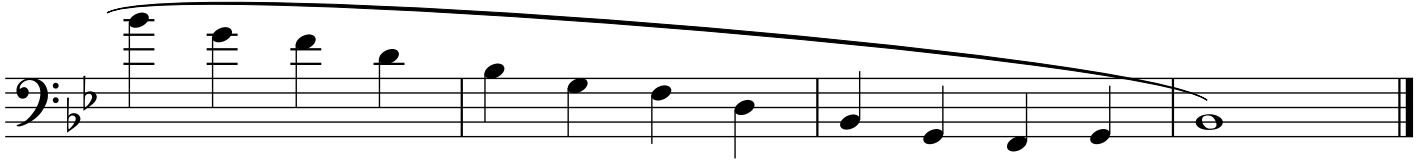
Use these alternate fingerings.

4

5

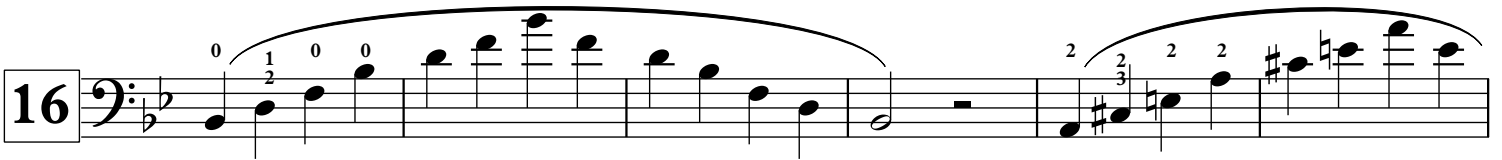
9  Exercise 9: A single staff in bass clef with a key signature of two flats. It contains a sequence of notes: G2, A2, Bb2, C3, D3, E3, F3, G3, A3, Bb3, C4, D4, E4, F4, G4, A4, Bb4, C5, D5, E5, F5, G5, A5, Bb5, C6, D6, E6, F6, G6, A6, Bb6, C7, D7, E7, F7, G7, A7, Bb7, C8, D8, E8, F8, G8, A8, Bb8, C9, D9, E9, F9, G9, A9, Bb9, C10, D10, E10, F10, G10, A10, Bb10, C11, D11, E11, F11, G11, A11, Bb11, C12, D12, E12, F12, G12, A12, Bb12, C13, D13, E13, F13, G13, A13, Bb13, C14, D14, E14, F14, G14, A14, Bb14, C15, D15, E15, F15, G15, A15, Bb15, C16, D16, E16, F16, G16, A16, Bb16, C17, D17, E17, F17, G17, A17, Bb17, C18, D18, E18, F18, G18, A18, Bb18, C19, D19, E19, F19, G19, A19, Bb19, C20, D20, E20, F20, G20, A20, Bb20, C21, D21, E21, F21, G21, A21, Bb21, C22, D22, E22, F22, G22, A22, Bb22, C23, D23, E23, F23, G23, A23, Bb23, C24, D24, E24, F24, G24, A24, Bb24, C25, D25, E25, F25, G25, A25, Bb25, C26, D26, E26, F26, G26, A26, Bb26, C27, D27, E27, F27, G27, A27, Bb27, C28, D28, E28, F28, G28, A28, Bb28, C29, D29, E29, F29, G29, A29, Bb29, C30, D30, E30, F30, G30, A30, 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C344, D344, E344, F344, G344, A344, Bb344, C345, D345, E345, F345, G345, A345, Bb345, C346, D346, E346, F346, G346, A346, Bb346, C347, D347, E347, F347, G347, A347, Bb347, C348, D348, E348, F348, G348, A348, Bb348, C349, D349, E349, F349, G349, A349, Bb349, C350, D350, E350, F350, G350, A350, Bb350, C351, D351, E351, F351, G351, A351, Bb351, C352, D352, E352, F352, G352, A352, Bb352, C353, D353, E353, F353, G353, A353, Bb353, C354, D354, E354, F354, G354, A354, Bb354, C355, D355, E355, F355, G355, A355, Bb355, C356, D356, E356, F356, G356, A356, Bb356, C357, D357, E357, F357, G357, A357, Bb357, C358, D358, E358, F358, G358, A358, Bb358, C359, D359, E359, F359, G359, A359, Bb359, C360, D360, E360, F360, G360, A360, Bb360, C361, D361, E361, F361, G361, A361, Bb361, C362, D362, E362, F362, G362, A362, Bb362, C363, D363, E363, F3

14 



15

This is a good time to play some scale exercises. There are thousands of these in print. I'll typically play a few out of Clarke's Technical Studies - Numbers 2 and/or 4, some Arban's exercises or make up a scale exercise that suits my needs in the moment.

16 



Use the alternate fingerings for the higher notes even though you know better ones. Some of the notes will sound a bit funky, but this is about flexibility, not intonation. There is a note just below the highest one in each Arpeggio that might want to come out (high Bb in the second bar). If you think that's happening check against a lower octave. Because this is a physical exercise you can get away with it, but know that it's a wrong note and plan to fix it in the future.